

UtahFutures Guide for Counselors

8th Grade Lesson

TIME: 45 minutes

STUDENT LEARNING OBJECTIVES: Students will gain awareness of their strengths and weaknesses and how their interests relate to careers. Students will learn the basics of financial aid and the FAFSA.

MATERIALS:

- Access to UtahFutures.org website
- Printed Career Profile [worksheet](#) for each student
- [Paying for College – The Financial Aid Order of Operations](#) (also found at UtahFuturesOnRamp.org/training)
- [Kahoot account](#) (if playing the game)

OVERVIEW OF INSTRUCTION:

1. Introduction & UtahFutures account setup (5 minutes)
2. Assessing student interests (10 minutes)
3. Creating a Career Profile (20 minutes)
4. Discussing Financial Aid (10 minutes)

		Instructional Plan	Helpful Strategies
Step 1 (5 min)	PREPARE	<ul style="list-style-type: none">• 1-2 days before your lesson, instruct students to login to UtahFutures or create an account if they do not have one.• Have students recover their passwords and have accounts ready to go before the day of the lesson.• Print worksheets for students without UtahFutures accounts	<ul style="list-style-type: none">• Instructions: Creating an Account in UtahFutures• If students cannot remember their passwords, they can use the <i>forgot password</i> button on the login screen. To use this option, they must enter the email address that they used to create the account. If they do not know the email they used, or do not have access to the email, they will need to setup a new account. For security reasons, we cannot reset passwords for students.
	BEGIN	<ul style="list-style-type: none">• Post Bell Ringer instructing students to login to accounts.• Provide a brief overview of the lesson.	<ul style="list-style-type: none">• Engage student interest in the lesson by expressing your enthusiasm or sharing a personal story about the importance of College and Career planning.• If you have time, include a starter activity (post groups of adjectives that describe each Holland Code around the room. Give students a sticky note and ask them to place it next to the group that best describes them. After taking the Interest Profiler, Post the Holland Code name with each group of Adjectives. Compare the results to where they put their sticky note.

Step 2 (10 min)	INSTRUCT & ASSESS	<ol style="list-style-type: none"> 1. Confirm that students are logged into their account. 2. Instruct students to navigate to the Interest Profiler. <ol style="list-style-type: none"> a. Click <i>Assessments/Activities</i> b. Click <i>Interest Profiler</i> 3. Allow students time to take the Traditional or Quick assessment <ol style="list-style-type: none"> a. Traditional: One question at a time with emoji's b. Quick: Survey of all questions at once. 4. Answer reflection questions and SAVE results 	<ul style="list-style-type: none"> • If students are not logged into their accounts BEFORE starting the assessment they WILL NOT be able to save the assessment. • The Traditional and Quick versions ask the same number of questions (60 questions).
	DISCUSS	<ul style="list-style-type: none"> • <i>How well do the results from the Interest Profiler reflect your interests? Why?</i> • <i>What did you learn about yourself from the results?</i> • <i>What makes you excited or disappointed about the results?</i> 	<ul style="list-style-type: none"> • Try doing the discussion as a think, pair, share to encourage participation.
Step 3 (20 min)	REFLECT	<ul style="list-style-type: none"> • Use the Career Profile worksheet to help students reflect on who they are and how their strengths, weaknesses, interests, and goals relate to careers. • Allow enough time for students to research careers based on their interest profiler results. 	<ul style="list-style-type: none"> • DO NOT CLOSE the UtahFutures Interest Profile results. • The Career Profile worksheet can also be introduced at the beginning of the lesson before students take the Interest Profiler. Students can fill out some of the areas and then use the results from the Interest Profiler to add additional thoughts or findings.
	RESEARCH CAREERS	<ol style="list-style-type: none"> 1. From the results (Holland Codes) instruct students to click on the highest rated Holland Code and find 3 careers they are interested in. 2. Encourage students to compare a few careers looking at the different aspects of the career 3. Students can save careers by clicking the grey star on the Career Results page. 	<ul style="list-style-type: none"> • Saved Assessments can be found in the Timeline. • Saved occupations can be found in the Workspace
	DISCUSS	<ul style="list-style-type: none"> • <i>What can you do today to accomplish your career or personal goal?</i> • <i>How do your strengths/weaknesses contribute to your career choice?</i> • <i>What are some courses you can take now to help you prepare for a career you are interested in or to improve your ability to attend college?</i> 	<ul style="list-style-type: none"> • Post questions on the board. Pair students up and have them take 2 laps around the class while discussing 1 or 2 questions.

Step 4 (10 min)	WATCH	<p>Play Video: Paying for College: The Financial Aid order of Operations.</p> <ul style="list-style-type: none"> Introduces students to ways to pay for college; Saving, Grants & Scholarships, Work-Study and Student Loans. 	<ul style="list-style-type: none"> If you cannot access YouTube, the video is also found at UtahFutures.org/training
	PLAY & WRAP UP	<ul style="list-style-type: none"> Briefly review the 4 ways to pay for College Play the “UtahFutures: Paying for College” Kahoot. (If you are unable to play, the questions are listed in the next column.) Review the High School Graduation Requirements and courses that meet the graduation requirements Inspire students to continue working hard, taking classes that will help them pursue their dreams, and talk to their parents about college. (Optional) Hand out an exit ticket for feedback and follow-up 	<ul style="list-style-type: none"> Instructions for playing Kahoot. Presenter login: getkahoot.com <ul style="list-style-type: none"> Presenter needs an account Name of this Kahoot: UtahFutures: Paying for College Students do not need accounts. They will access the game by going to: kahoot.it <p>Kahoot Questions:</p> <ol style="list-style-type: none"> Allows you to earn money to pay for college by working a part-time job? A type of Financial Aid that MUST be paid back. Financial Aid that is given based on merit, athletic ability, talent, or accomplishments. Free money, based on financial need. Putting money aside for college in a Savings account or 529 Savings Plan is a good idea?