UtahFutures Guide for Counselors  
*10th Grade Lesson*

**TIME:** 45 minutes

**STUDENT LEARNING OBJECTIVE:** Students will analyze the cost of 1,2,4 or more and understand options for paying for post-secondary education. Students will gain knowledge of the tools available on the LearningExpress Library.

**MATERIALS:**
- Access to UtahFutures.org website
- UtahFutures.org account login
- How to Access LearningExpress Library guide
- Financial Aid Presentation
- Printed copies of Cost of College worksheet for every student
- Printed copies of the Pie Chart, Paying for College worksheet, if you plan to have students do their own.
- Printed copies of the Resume Materials (Optional)

**OVERVIEW OF INSTRUCTION:**
1. Introduction & UtahFutures account setup (5 minutes)
2. Introduce the LearningExpress Library (5-10 minutes)
3. (Optional) Work Importance Locator (5 minutes)
4. Cost of 1,2,4 or more and Financial Aid (30 minutes)
5. Financial Aid (15 minutes)
6. (Optional) Resumes & Cover Letters

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<table>
<thead>
<tr>
<th>Step 1 (5 min)</th>
<th><strong>PREPARE</strong></th>
<th><strong>BEGIN</strong></th>
<th><strong>Helpful Strategies</strong></th>
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<tbody>
<tr>
<td></td>
<td>1-2 days before your lesson, instruct students to login to UtahFutures and have new users create accounts.</td>
<td>Post a Bell Ringer directing students to login to their UtahFutures accounts.</td>
<td>• How to Create an Account guide.</td>
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<td>Have students recover their passwords and have accounts ready to go before the day of the lesson.</td>
<td>Provide a brief overview of the lesson.</td>
<td>• When setting up new accounts, make sure students use an email address that they can access.</td>
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<td>Print worksheets for students without UtahFutures accounts or all students if you choose.</td>
<td>Introduce the objectives the class will be focusing on today.</td>
<td>• If students cannot remember their passwords, they can use the forgot password button on the login screen. To use this option, they must enter the email address that they used to create the account. If they do not know the email they used, or do not have access to the email, they will need to setup a new account. For security reasons, we cannot reset passwords for students.</td>
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<td>• Send directions home with students to help them create or access their accounts.</td>
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**Step 2 (5-10 min)**
- **PREPARE**
  - Have students recover their passwords and have accounts ready to go before the day of the lesson.
  - Print worksheets for students without UtahFutures accounts or all students if you choose.

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**Step 3 (5 min)**
- **BEGIN**
  - Post a Bell Ringer directing students to login to their UtahFutures accounts.
  - Provide a brief overview of the lesson.
  - Introduce the objectives the class will be focusing on today.

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**Step 4 (30 min)**
- **BEGIN**
  - Cost of 1,2,4 or more and Financial Aid.

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**Step 5 (15 min)**
- **BEGIN**
  - Financial Aid.

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**Step 6 (Optional)**
- **BEGIN**
  - Resumes & Cover Letters.

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**Step 7 (Optional)**
- **BEGIN**
  - Resume Materials.
**INSTRUCT**

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<th>Step 2 (5-10 min)</th>
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| 1. Instruct students to navigate to the LearningExpress Library (LEL) through UtahFutures.  
  a. Click on Colleges  
  b. Click Test Prep – LearningExpress Library  
| 2. Give students an overview of LEL. Focus on sections that will support the needs of the group you are working with.  
  • Students cannot access LearningExpress Library without a UtahFutures account. Pair students without accounts with other students.  
  • **LearningExpress Library Guide** - Use this guide as a resource for locating tests and tutorials within the website.  
  • Possible focus: ACT, AP, Basic Skill improvement, ACCUPLACER, US Citizenship Test  
|  

**DISCUSS**

|  
| • How can you envision using LearningExpress Library this year?  
  • Outside of LEL, what are other ways that we can improve our skills or practice for a test?  
| • Tailor discussion to the group of students you are working with.  
  • Think, pair, share. Share with your partner 3 resources you might use.  

**INSTRUCT (Optional)**

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<th>Step 3 (15-20 min)</th>
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| 1. If you have time, instruct students to take the **Work Importance Locator** Assessment on UtahFutures.  
  a. Click on Assessments/Activities  
  b. Click on Work Importance  
| 2. Students can choose the traditional or quick assessment. **Students can only select 4 statements for each category**  
  a. Traditional - Drag and drop 4 cards in each category.  
  b. Quick – Select the bubble that best represents the statement.  
| 3. Click View Results  
  4. Have students answer the two questions at the bottom and click Finish  
  5. Add comments and reflection and click Save  
  6. Allow students time to research careers from the top two Work Importance categories where they scored the highest.  
  7. Save careers to their UF Account by clicking the grey star on each page.  
| • The 10th grade UtahFutures lesson plan is designed for a 45-minute class. If you have additional time, you may want to take this assessment. Having colleges and careers saved to student accounts will help them with the next sections.  
  • You may also consider coordinating a homework assignment asking students to with students prior to class.  

**DISCUSS**

|  
| • What careers most interest you?  
  • What are two classes that you could take this year to help you prepare for your career?  
| • Group students into two groups. Students who feel they are taking courses to prepare them for college, and students who don’t. Have them share with a partner what courses they are taking or brainstorm what courses they could take to be prepared.  

### INSTRUCT

Help students understand the costs associated with post-secondary education.

- Before completing the worksheet, talk to students about which schools offer a Certificate of Completion, Associate’s degree, Bachelor’s, etc. These websites may help you understand what programs and degrees Applied Technology Colleges and State Colleges and Universities offer.
  - [Utah Public Colleges & Universities](#)
  - [Utah Applied Technology Colleges](#)

- [Cost of College worksheet](#)
- There are multiple ways to complete this worksheet. See the Tips in the next column for support in using the worksheet.

- Depending on your demographic, you may want to modify the worksheet and explore Graduate programs instead of 1-year certificate programs.

### Tips for completing the Cost of College worksheet:

- For the top section, Use the School Search, Compare feature to research schools that offers a 1-year certificate, 2-year degree, and 4-year degree side-by-side.
- For the bottom section, if students have time, or have careers saved to their accounts, allow them to individualize the career they can get with that degree by using the Occupation Search. If time does not allow for this, the blue and green graph on the worksheet shows the median weekly earnings at each education level. With a little math, these numbers can be used instead.

### DISCUSS

- **What are the benefits of a post-secondary (college) education?**
- **How can obtaining a post-secondary education impact your lifestyle in the next few years? Next 10 years?**
- **What are the pros/cons of a post-secondary education?**

### PLAY OR PRESENT

After exploring the cost of college, help students understand the options for paying for college.

- [Financial Aid Presentation](#)
- [Tales from the Financial Aid Couch: The FAFSA & How it Helps You Pay for College](video)
- Use the presentation and video to review FAFSA, Student Loans, Grants, Work-Study, Scholarships, and 529 Plans.

- The Presentation includes a video (Tales from the Financial Aid Couch: The FAFSA & How it Helps You Pay for College) that covers FAFSA, Grants, and Work-Study. The remainder of the presentation covers Scholarships and 529 Plans. Modify the presentation to include information about local/school based scholarships and deadlines.
- The Pie Chart at the end of the presentation leads into the Pie Chart activity. This activity is dependent on the amount of time you have in class. At minimum discuss the pie chart in the presentation.
### ACTIVITY
- How Will You Pay for College? (Pie Chart, Paying for College worksheet).
- Use a Pie Chart to help students visualize how they will pay for college. Include tuition, fees, books and supplies. Housing costs are not included, but the worksheet can be modified to include.
- Model for the students what their pie chart may look like (example from slideshow)
- If time allows, have students create a pie chart for a school they researched in the Cost of College worksheet earlier.

### WRAP UP
- Review Students Progress toward Graduation and options for Concurrent Enrollment Math according to Career Interest Area.
- Inspire students to continue working hard, taking classes that will help them pursue their dreams, get involved, and to talk to their parents about college.
- (Optional) Hand out an exit ticket for feedback and follow-up

### How America pays for College
- If you are running short on time, model this activity instead of having students do individual pie charts.