

UtahFutures Quick Start Guide

UtahFutures.org

Using the Reality Check Assessment

Reality Check is a real world activity that helps you determine how much money you will need each month to cover your expenses. It also matches occupations to your lifestyle.

Get Started:

1. Select a location. Different areas have different living expenses.
2. Choose from three income options:
 - a. Build a budget without an income. This option will show you occupations that fit your lifestyle.
 - b. Select an occupation and find out what you can afford with the earnings.
 - c. Enter a salary

01 Option #1: Just Get Started!

02 Option #2: Select an Occupation

03 Option #3: Enter a Future Salary

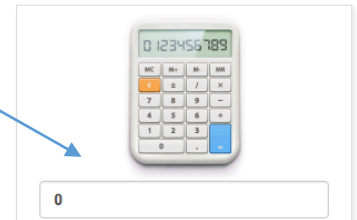
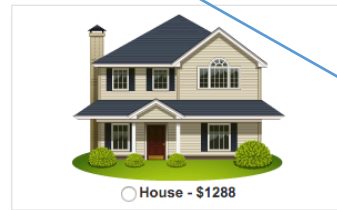
3. Build your personal budget by selecting one of the options given, or entering your own dollar amount.
Numbers must be in whole numbers, no decimal points. (ie. 835 not 834.50)



A big part of being an adult is providing your own housing. You decide how much space you need and how much more will spend each month. Select one of the options or enter your own monthly amount.

[More...](#)

4. Click **Review Budget**.



5. After reviewing your budget, you can choose to:
 - Start over and take another Reality Check
 - View matching occupations that fit your lifestyle (salary falls within \$10,000 higher or lower than your budgeted amount)
 - Print the report
 - Finish and Save the information to your Timeline (available only when logged into an account).

