Counseling Guide

12th Grade Lesson



IMPORTANT:

Recommended time to present lesson: First of the year. Before ACT, College Day, and College Application Week

Time: 45 minutes

Student Learning Objective: Students will complete the Reality Check assessment to understand the costs of life after high school, spend individual time planning what schools they will visit during college day, and evaluate their personal college/career pathway using the 12th grade checklist.

Materials:

- Access to <u>UtahFutures.org</u> website
- UtahFutures.org account login
- 12th grade checklist worksheet for each student
- College Tour worksheet for each student
- <u>Earnings by Employment</u> image
- <u>Exit Ticket</u> (optional)

Overview of Instruction:

- 1. Introduction & UtahFutures account setup (5 minutes)
- 2. Reality Check Assessment (15 min)
- 3. 12th grade checklist discussion (15 min)
- 4. College Tour discussion and questions (10 min)
- 5. Exit Ticket

		Instructional Plan	Helpful Strategies
Step 1 (5 min)	PREPARE	 1-2 days before your lesson, instruct students to login to UtahFutures and have new users create accounts. Have students recover their passwords and have accounts ready to go before the day of the lesson. Take the Reality Check Assessment if you have never used it before. Review worksheets and gather necessary dates and information. Print worksheets for each student 	 How to create an account guide. When setting up new accounts, make sure students use an email address that they can access. After setting up accounts, direct students to their email to verify their account. WITHOUT ACCOUNT VERIFICATION, STUDENTS CANNOT RESET THEIR PASSWORD. Send directions home with students to help them create or access their accounts.
	BEGIN	 Post a Bell Ringer directing students to login to their UtahFutures accounts. Provide a brief overview of the lesson. Introduce the objectives the class will be focusing on today. 	 Engage student interest in the lesson by expressing your enthusiasm or sharing a personal story about the importance of College and Career planning.

	INICTOLICT	1 Confirm that students are legged into	• The Deality Check can be completed
Step 2 (15 min)	DISCUSS	 Confirm that students are logged into their account. Instruct students to navigate to the Reality Check. Click Assessments/Activities Click Reality Check Select a location. Students have three options for taking the Reality Check. Allow them to choose, or decide which option you want them to explore. Just get started. Build a budget with no income limits Select an occupation and use the occupations salary for your budget. Enter a Salary amount and build a budget based on that salary. Click FINISH, add comments, and SAVE. Review the budget and explore matching occupations. Instruct students to save any occupations they are interested in. What did you learn from building a budget? Were you surprised by how difficult/easy it was to budget your money? How can the Reality Check benefit you at this stage in your life? 	 The Reality Check can be completed without an account. Without logging in, students lose the ability to save their budget and matching occupations. Matching Occupations are careers that fall between \$10k above and below your budget. If a student isn't seeing the career they are interested in, most likely it's above or below the budget range. (Example: Student builds a budget requiring \$40k annual income and isn't seeing Veterinarian (\$82k) as an occupation. Vet is too far above the budgeted amount.)
		 at this stage in your life? How can you prepare for life after high school? (This is your transition question into the second part of the lesson. Final Preparation for College.) 	
	PRESENT/	Present Image of <u>Earnings based on</u>	Not all careers follow the Earnings
Step 3 (15 min)	INSTRUCT	 Education. Explain the correlation of Earnings and Education level (in most cases) Explain that if they haven't already started planning, there is a lot that needs to be accomplished this year. 	based on Education graphic, but some type of post-secondary training always pays more than a HS diploma.
Step 3 (Introduce and work through the 12th grade checklist. • The worksheet is designed to give students a chance to gather information and plan for upcoming deadlines and important dates.	

Step 4 (10 min)	PRESENT/ INSTRUCT	Inform students of the upcoming College Tour. Discuss the process, who will be in attendance, and what they should expect. Use the worksheet to help students get the information they need from each presentation. • College Tour worksheet	 If the College Tour has already stopped at your school, you can skip this activity and spend additional time discussing topics that are important to your demographic.
	WRAP UP	 Inspire students to continue working hard, taking classes that will help them pursue their dreams, get involved, and to talk to their parents about college. Hand out an exit ticket for feedback and follow-up 	