

# Counseling Guide

## 11th Grade Lesson

**Recommended time to present lesson:** Before March (ACT Testing)

**Collaborative Classroom Instruction:** Learning objectives overlap with objectives taught in General Financial Literacy.

**Time:** 45 minutes

**Student Learning Objective:** Students will be able to access and use LearningExpress Library for ACT preparation, evaluate the costs and admissions requirements for attending college, and understand their Post-Secondary Plan.

### Materials:

- Access to [UtahFutures.org](http://UtahFutures.org) website
- UtahFutures.org account login
- [How to access LearningExpress Library](#) guide
- Printed [Cost & Admissions Comparison worksheet](#) for every student
- [Paying For College](#) Presentation
- [Kahoot! Account](#) if you will be playing
- Students' Post-Secondary Plan
- [Exit tickets](#) (optional)

### Overview of Instruction:

1. Introduction & UtahFutures account setup (5 minutes)
2. Review LearningExpress Library (5-10 minutes)
3. Cost & Admissions comparison (10-15 minutes)
4. Financial Aid (20 min)
5. Review and Adjust Post-Secondary Plans (5 minutes)

		Instructional Plan	Helpful Strategies
Step 1 (5 minutes)	PREPARE	<ul style="list-style-type: none"><li>• 1-2 days before your lesson, instruct students to login to UtahFutures and have new users create accounts.</li><li>• Have students recover their passwords and have accounts ready to go before the day of the lesson.</li><li>• Print worksheets for all students.</li><li>• Gather Post-Secondary Plans</li><li>• Create a Kahoot! account if you are playing the Kahoot! Review game.</li></ul>	<ul style="list-style-type: none"><li>• <a href="#">How to Create an Account guide</a>.</li><li>• When setting up new accounts, make sure students use an email address that they can access.</li><li>• If students cannot remember their passwords, they can use the <i>forgot password</i> button on the login screen. To use this option, they must enter the email address that they used to create the account. If they do not know the email they used, or do not have access to the email, they will need to setup a new account. For security reasons, we cannot reset passwords for students.</li><li>• Send directions home with students to help them create or access their accounts.</li></ul>
	BEGIN	<ul style="list-style-type: none"><li>• Post a Bell Ringer directing students to login to their UtahFutures accounts.</li><li>• Provide a brief overview of the lesson.</li><li>• Introduce the objectives the class will be focusing on.</li></ul>	<ul style="list-style-type: none"><li>• Engage student interest in the lesson by expressing your enthusiasm or sharing a personal story about the importance of College and Career planning.</li></ul>

<b>Step 2 (5-10 minutes)</b>	<b>INSTRUCT</b>	<ol style="list-style-type: none"> <li>1. Instruct students to navigate to the LearningExpress Library (LEL) through UtahFutures. <ol style="list-style-type: none"> <li>a. Click on <i>Colleges</i></li> <li>b. Click <i>Test Prep – LearningExpress Library</i></li> </ol> </li> <li>2. Focus on the College Test Prep options. <ol style="list-style-type: none"> <li>a. From the main navigation menu, Click on <i>All Centers</i></li> <li>b. Select the <i>College Preparation Center</i></li> </ol> </li> <li>3. Show students how to access the tutorials and practice exams.</li> <li>4. If you have time, you may also want to explore some of the other centers (School Center, College Center, etc.)</li> </ol>	<ul style="list-style-type: none"> <li>• LearningExpress Library is FREE with a UtahFutures account. Students cannot access LEL through UtahFutures without an account. Pair students without accounts with students who have accounts.</li> <li>• <a href="#">LearningExpress Library Guide</a> - Use this guide as a resource for locating tests and tutorials within the website.</li> </ul>
	<b>DISCUSS</b>	<ul style="list-style-type: none"> <li>• <i>What are the benefits of taking a practice exam?</i></li> <li>• <i>Outside of LEL what are other ways you can prepare for a test such as the ACT?</i></li> </ul> <p>Stand-up, Sit-down discussion (optional)</p> <ul style="list-style-type: none"> <li>• <i>Stand-up if you plan to take the ACT.</i></li> <li>• <i>Sit-down if you have NOT taken an ACT practice exam.</i></li> <li>• <i>Stand-up if you will use LearningExpress Library to prepare for the ACT.</i></li> </ul>	<ul style="list-style-type: none"> <li>• The stand-up, sit-down discussion can be used for engagement or to help students re-focus. You can ask the regular discussion questions (listed first) before or after the stand-up, sit-down questions.</li> </ul>
	<b>RESEARCH</b>	<p>Use the College Cost &amp; Admissions worksheet to help students understand the costs &amp; admissions requirements for three schools that offer the Program of Study that interests them.</p> <ul style="list-style-type: none"> <li>• <a href="#">College Cost &amp; Admissions worksheet</a></li> <li>• Direct students to use the “Compare” feature in the School Search to complete the worksheet.</li> <li>• Click on Colleges &gt; School Search.</li> <li>• Use the filters to find schools by State, Size, Degree option, or Program of Study.</li> <li>• To add schools to the compare feature, click the box next to the school name.</li> <li>• By using this feature, students will be able to view information for 3 schools at once.</li> </ul>	

<b>INSTRUCT &amp; WATCH</b>	<p>Help students understand how they can pay for post-secondary education.</p> <p>Use this PowerPoint: <a href="#">Paying for College</a>, to walk-through of the information below. The video is included in the presentation.</p> <p><a href="#">FAFSA4Caster</a>:</p> <ul style="list-style-type: none"><li>• Use the FAFSA4Caster to help students estimate their financial aid eligibility.<ul style="list-style-type: none"><li>○ Students can either estimate their parent’s income or direct them to use the Occupation Search in UtahFutures to look up their parent’s salary based on occupation.</li></ul></li></ul> <p>Student Loans:</p> <ul style="list-style-type: none"><li>• Student Loan Video: <a href="#">Should I borrow student loans?</a></li></ul> <p>Utah Educational Savings Plan:</p> <ul style="list-style-type: none"><li>• <a href="#">About Utah’s 529 Plan</a></li></ul> <p>Scholarships:</p> <ul style="list-style-type: none"><li>• Many schools/communities have scholarships that are specific to their area. Share with students the scholarships that you are aware of in your area. Include eligibility, deadlines, and how they can get more information.</li><li>• (Optional) Use the <a href="#">Scholarship Search</a> in UtahFutures to research National and Local Scholarships</li></ul>	<ul style="list-style-type: none"><li>• Helpful hints for using the FAFSA4Caster are located on the right side of each FAFSA4Caster page.</li><li>• The FAFSA4Caster can be used to determine the estimated amount of Financial Aid available for students, including Grants, Work-Study, and Student Loans</li></ul>
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Step 4 (20 minutes)	<p><b>PLAY</b></p>	<ul style="list-style-type: none"> <li>• Play the “UtahFutures: Cost of College – 11<sup>th</sup> grade” Kahoot. (If you are unable to play, the questions are listed in the next column.)</li> <li>• Inspire students to continue working hard, taking classes that will help them pursue their dreams, and talk to their parents about college.</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Instructions</a> for playing Kahoot.</li> <li>• Presenter login: <a href="https://getkahoot.com">getkahoot.com</a> <ul style="list-style-type: none"> <li>○ Presenter needs an account</li> <li>○ Name of this Kahoot: UtahFutures: Cost of College – 11<sup>th</sup> grade</li> </ul> </li> <li>• Students do not need accounts. They will access the game by going to: <a href="https://kahoot.it">kahoot.it</a></li> </ul> <p>Kahoot! Questions:</p> <ol style="list-style-type: none"> <li>1. Student Loan payments should be no more than _____ percent of your monthly take home pay?</li> <li>2. If you DO NOT finish school, you do not need to pay back your student loans?</li> <li>3. Money given to a student for college expenses that DOES NOT need to be repaid?</li> <li>4. This account encourages users to save for college by giving them tax benefits.</li> <li>5. What tool can you use to estimate your federal financial aid eligibility?</li> <li>6. Most jobs require some type of post-high school training?</li> </ol>
	<p><b>REVIEW &amp; DISCUSS</b></p>	<p>Wrap-up by reviewing and making adjustments to the students’ Post-Secondary Plans.</p> <p>(Optional) Hand out an <a href="#">exit ticket</a> for feedback and follow-up</p>	